

List of requested items for the next lorry of aid to Ukraine  
May/June2024

- Generators.
- Power banks
- Jetboil stoves
- Gas camping stoves with canisters
- Torches, headlamps (ie worn on the head) and batteries.
- For front line medics: tourniquets, foil blankets, wound dressings, bandages, cleansing wipes, underwear: black socks and briefs, thermal long johns ; T shirts, and army boots
- Sleeping bags and stretchers (frameless)
- Food it needs to be instant: dried pasta; tinned meat and fish, vegetables, puddings, dried packets just needing water added. Coffee, tea, biscuits and spreads sweet and savoury, chocolate, long life milk, dried potato (Smash) and milk (Marvel) ; energy drinks and bars; sweets; food for long term storage
- Toiletries all the basics: eg plasters, dry shampoo, dry body wash, wet wipes (water can be a big problem), toothbrushes and toothpaste (adults and children), liquid soap, sanitary products especially sanitary wear for women, shaving cream and razors, deodorant; mosquito repellent; etc etc. There is an excellent shop called Savers in Welwyn Garden, everything very cheap
- Medicines: Especially for fever eg Ibuprofen, for colds, painkillers, blood pressure,
- Tool kits: axes;saws; picks and shovels
- School equipment eg pencils, pens, exercise books, colouring books, geometry sets, pencil sharpeners etc etc
- For the premature and sick babies in Chernihiv Everything for new babies, clothes, tiny blankets ( the internet says 18x18 inches with no holes to catch tiny fingers and toes.) Nappies, baby milk, ointment for nappy rash etc etc
- Vitamins people ask for them as they can't get fresh food.
- Money: Alfs has access to businesses giving special rates, so your offering will stretch further. And many small offerings make big ones
- Old tablets and phones: Children living near the front line really need them for studying as they have no schools.
- Veterinary supplies: Alfs supports 2 vets, so any food and veterinary equipment would be very gratefully received. :
- Clothing: work overalls, tactical gloves,elbow pads and knee pads; glasses, green or black T shirts, underpants, socks, army boots

ALFS HUMANITARIAN AID CIO

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